

ASTHMA PROGRAM RESOURCE GUIDE

2013

Chronic Respiratory Disease Section



Indiana State
Department of Health

This resource guide is intended to help connect Hoosiers with resources about asthma and available services in the community. This resource guide is not intended to provide medical advice.

If you are currently having a medical emergency or difficulty breathing, please call your doctor or 9-1-1.

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Asthma.....3

National organizations and Websites that provide information on common asthma symptoms, triggers, and treatments.

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Phone numbers that may help with asthma management (smoking cessation, medication assistance, etc).

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Recent publications provided by the Indiana State Department of Health Chronic Respiratory Disease Section.

General Asthma Information

Allergy & Asthma Network Mothers of Asthmatics (AANMA)

8201 Greensboro Drive, Suite 300
McLean, VA 22102

www.aanma.org/

P: (800) 878-4403

F: (703) 288-5271

8AM-5PM ET M-TH

9AM-12PM ET Friday

Services: Provides consumer and physician information, educational resources, research information, etc.

American Academy of Allergy Asthma & Immunology (AAAAI)

555 East Wells Street Suite 1100 Milwaukee, WI 53202-3823 P: (414) 272-6071

Find an Allergist/Immunologist

P: (414) 272.6071

F: (414) 272-6070

[http://aaaai.execinc.com/edibo/FindAnAllergis](http://aaaai.execinc.com/edibo/FindAnAllergist)
[t](http://aaaai.execinc.com/edibo/FindAnAllergis)

Hours: Monday - Friday, 8AM - 5PM, Central

www.aaaai.org/

Services: Provides useful patient information, professional education and physician referral services. To find an allergist in your area, visit the Web site or call the Patient Information and Physician Referral Line.

- Note: The AAAAI cannot answer individual questions relating to the diagnosis or treatment of allergies and asthma.

American Association for Respiratory Care

9425 N. MacArthur Blvd. Suite 100

Irving, TX 75063-4706

P: (977) 243-2272

F: (972) 484-2720

Email: info@aacrc.org

<http://www.aarc.org/>

Services: Professional society for respiratory therapists, managers of respiratory and cardiopulmonary services and respiratory trainers.

American College of Allergy, Asthma and Immunology (ACAAI)

85 West Algonquin Road
Suite 550

Arlington Heights, IL 60005

P: (847) 427-1200

F: (847) 427-1294

Email: mail@acaai.org

<http://www.acaai.org>

Services: Information pertaining to treatment, diagnosis, medication, shots, allergist care for persons with asthma and allergies.

American Family Physician- Asthma Editorial Office

11400 Tomahawk Creek Pkwy.

Leawood, KS 66211-2672

P: 913-906-6205

F: 913-906-6086

Email: afpjournal@aafp.org

[http://www.aafp.org/afp/topicModules/view](http://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=3)
[TopicModule.htm?topicModuleId=3](http://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=3)

Services: Articles and editorials related to allergens, beta agonists, chronic cough, exercise –induced bronchoconstriction, inhalers, and wheezing.

American Academy of Pediatrics

141 Northwest Point Boulevard

Elk Grove Village, IL 60007-1098

P: (847) 434-4000

F: (847) 434-8000

<http://www.healthychildren.org/>

Services: Healthychildren.org provides information covering asthma and allergy causes, medication, devices, triggers, and ways to control symptoms.

**American Lung Association of Indiana
(ALA-I)**

Indianapolis Office
115 West Washington Street
Suite 1180 South
Indianapolis, IN 46204
P: (317) 819-1181 *or* (800) LUNG-USA
F: (317)819-1187
www.lungin.org/

Services: General information on lung diseases and risk factors such as air quality, asthma, COPD, influenza, tobacco, and tuberculosis. More specific information about services and programs offered in Indiana.

**American Lung Association (ALA) -
National Headquarters**

1301 Pennsylvania Avenue NW,
Suite 800
Washington, DC 20004
P: (202) 785-3355
F: (202) 452-1805
www.lungusa.org/

Hours: Monday - Friday, 7AM – 7PM, Central
Services: General information on lung diseases and risk factors (such as air quality, asthma, tobacco control, environmental health, COPD and influenza) and programs offered by the ALA.

- To speak with a lung health professional, call the American Lung Association Lung HelpLine at 1-800-548-8252. The Call Center is staffed by Registered Nurses and Registered Respiratory Therapists.
- To locate the American Lung Association nearest you, call (800) LUNGUSA
- To contact the National Headquarters of **The American Lung Association**, call (212) 315-8700

Association of Asthma Educators

3493 Lansdowne Drive, Ste 2
Lexington, KY 40517
P: 888-988-7747
F: 859-271-0607
Email: info@asthmaeducators.org
<http://www.asthmaeducators.org/>

Services: Promote asthma education and increase competence of health care providers who provide asthma education, provide information on Asthma events, resources, AAE National Educator Certification Review Courses.

Asthma and Allergy Foundation of America

8201 Corporate Drive
Suite 1000
Landover, MD 20785
P: (800) 7-ASTHMA
Hotline Hours: Monday – Friday, 10AM - 3 PM, Eastern
www.aafa.org/
Email: info@aafa.org

Services: Provides general information on asthma and allergies certifies products as asthma and allergy friendly, ranks Asthma and Allergy Capitals of the U.S. and creates educational programs. Hotline helps patients and caregivers learn more about asthma and allergies.

Asthma Community Network.org

www.AsthmaCommunityNetwork.org

Email:
networksupport@asthmacommunitynetwork.org

Services: Interactive network for community based asthma programs and organizations that sponsor them. Provides information on finding a program, discussion forums, blogs, videos, podcasts, webinar archives, event calendar, and resource bank.

Centers for Disease Control and Prevention

1600 Clifton Rd.

Atlanta, GA 30333, USA

P: (800) CDC-INFO (800-232-4636) TTY:
(888) 232-6348

8:00 AM-8:00PM Monday-Friday Eastern

[Contact CDC-INFO](#)

<http://www.cdc.gov/asthma/>

Services: Provides accurate, timely, consistent, and science-based information.

Representatives available to answer questions in English and **Español**.

- Note: CDC does not see patients and is unable to diagnose your illness, provide treatment, prescribe medication, or refer you to specialists.

If you have a medical emergency, please see your health care provider or the nearest emergency room. If you are a health care provider, please contact your state epidemiologist or local health department.

Environmental Protection Agency (EPA)

U.S. EPA/Office of Radiation and Indoor Air
Indoor Environments Division

1200 Pennsylvania Avenue, NW

Washington, DC 20460

P: (202) 272-0167

TTY (speech-and hearing impaired) (202) 272-0165

<http://www.epa.gov/asthma/index.htmlwww.noattacks.org>

Services: Tools for Schools, Air Quality Index and Smoke-free Home Pledge Campaign.

**Environmental Protection Agency Region 5
(IL, IN, MI, MN, OH, WI)**

77 West Jackson Boulevard

Chicago, IL 60604-3507

P: (312) 353-2000

F: (312) 353-4135

Toll free within Region 5: (800) 621-8431

<http://www2.epa.gov/aboutepa/epa-region-5-great-lakes>

Services: Provides general information on asthma and indoor asthma triggers, as well as descriptions of EPA's community outreach programs.

Global Initiative for Asthma (GINA)

Contact available only through website.

<http://www.ginasthma.com/>

Services: Provides general information on asthma, asthma guidelines for health care professionals and information about World Asthma Day (celebrated each year on the first Tuesday of May).

**Indiana State Department of Health
Asthma Program**

2 N. Meridian St., 6B

Indianapolis, IN 46204

P: (317) 233-7299

<http://www.in.gov/isdh/healthy%20people%20.htm>

Services: Provides general information, state asthma publications, asthma data and statistics, educational materials, and services for controlling asthma in Indiana.

- Note: The ISDH Asthma Program cannot answer individual questions relating to the diagnosis or treatment of asthma.

National Athletic Trainers' Association

2952 Stemmons Freeway #200

Dallas, TX 75247

P: (214) 637-6282

F: (214) 637-2206

Career Center (800) 437-5700

<http://www.nata.org/>

Services: Professional membership for certified athletic trainers and those who support the athletic profession

National Heart, Lung and Blood Institute
National Asthma Control Initiative: Healthcare Professionals
NHLBI Health Information Center
Attention: Website
P.O. Box 30105
Bethesda, MD 20824-0105
P: (301) 592-8573
F: (301) 592-8563
Email: nhlbiinfo@nhlbi.nih.gov
<http://www.nhlbi.nih.gov/health/prof/lung/asthma/naci/audiences/healthcare-professionals.htm>
Services: Information for Health Care Professionals including links to Guidelines for the Diagnosis and Management of Asthma, Guidelines Implementation Panel (GIP): Partners putting Guidelines into Practice, NACI Demonstrations Projects, and Evidence Based Asthma Best Practices.

National Institute of Allergy and Infectious Diseases
NIAID Office of Communications and Government Relations
6610 Rockledge Drive, MSC 6612
Bethesda, MD 20892-6612 (Zip Code for Courier: 20817)
P: (301) 496-5717 Toll Free: (866) 284-4107
TDD: (800) 877-8339 (for hearing impaired)
F: (301) 402-3573
<http://www.niaid.nih.gov/topics/allergicdisease/pages/default.aspx>
Services: Conducts and provides information for consumers to aid in understanding, treating, and ultimately preventing infectious, immunologic, and allergic diseases.

National Institute of Environmental Health Sciences
111 T.W. Alexander Drive
Research Triangle Park, NC 27709
P: (919) 541-3345
F: (301)480-2978
<http://www.niehs.nih.gov/health/topics/conditions/asthma/index.cfm>
Services: Provides health studies and clinical trial information concerning asthma.

United States Department of Health and Human Services
National Health Information Center
200 Independence Ave S.W.
Washington, D.C. 20201
<http://healthfinder.gov/Default.aspx>
Services: Current health information Tools for finding local services, such as Myhealthfinder (health recommendations based on age, sex, and pregnancy status). Information concerning Health Care reform.

Telephone Contacts for Asthma Questions

Centers for Disease Control and Prevention

1600 Clifton Rd.

Atlanta, GA 30333, USA

P: (800) CDC-INFO (800-232-4636) TTY:

(888) 232-6348

8:00 AM-8:00PM Monday-Friday Eastern

Services: Provides accurate, timely, consistent, and science-based information.

Representatives available to answer questions in English and **Español**.

- **Note:** CDC does not see patients and is unable to diagnose your illness, provide treatment, prescribe medication, or refer you to specialists.

Hotline from the Asthma and Allergy Foundation of America

P: (800) 7-ASTHMA

Hotline Hours: Monday – Friday, 10AM - 3 PM. Eastern

Services: Helps patients and caregivers learn more about asthma and allergies.

Indiana Family Helpline from the Indiana State Department of Health

P: (800) 433-0746

Hours: Monday – Friday, 7:30AM – 5:00PM, Eastern

For Additional Information, contact

Mary Bisbecos, M.S., C.I.R.S.

Business Phone: (800) 433-0746

Voice Mail: (317) 233-1230

Services: Connects individuals to local resources for various health issues and social

services including prescription assistance, Medicaid, smoking cessation, etc.

Indiana Tobacco Quitline from Indiana Tobacco Prevention and Cessation

P: (800) QUIT-NOW (800-784-8669)

Hours: Sunday – Saturday, 8AM - Midnight, Eastern

Services: Trained Quit Coaches provide tobacco users with customized quit plans. Services are also available for former smokers who need support to prevent relapse and friends and relatives who want to offer support to tobacco users during the quit process.

Lung Line from the National Jewish Medical Center

P: (888) 222-LUNG

Hours: Monday - Friday, 8AM - 4:30PM, Eastern, messages can be left at anytime

Services: Registered Respiratory Nurses answer your lung health questions.

Physician Referral Line from the American Academy of Allergy Asthma & Immunology (AAAAI)

Find an Allergist/Immunologist

P: (414) 272-6071

Hours: Monday-Friday, 8 AM-5 PM, Central

Services: Links individuals to local allergists. Note The AAAAI cannot answer individual questions relating to the diagnosis or treatment of allergies and asthma.

Local Asthma Programs and Resources

All About Asthma St. Joseph County

Robin Meleski, MPH, CHES

Director of Health Education

St. Joseph County Health Department

227 W. Jefferson Blvd.

8th Floor- County City Building

South Bend, IN 46601

P: (574) 245-6749

F: (574) 245-6666

Cell: (574) 876-1997

rmeleski@co.st-joseph.in.us

Services: Provide literature on health related topics. Lending library allows community educators to borrow materials related to a variety of health topics. Presentations at schools, community centers and private organizations. Innovative health programming. Universal precautions training program. Work with other community organizations on health related task forces.

Asthma Alliance of Indianapolis (AAI)

Marion County Health Department

3838 N. Rural Street

Indianapolis, IN 46205

P: (317) 221-2473

<http://www.asthmaindy.org>

Email: rcostley@hhcorp.org

Services: Provides asthma in-services for school and early child care staff, educational programs for parents, environmental assessments for homes and schools in Marion County and support for community events and policies regarding asthma.

Boone County Healthy Coalition

Tobacco Free Boone County

Coordinator & Voice Adult Ally

Angie Dickerson

P: (317) 374-3262

Email: tfbcvoice@gmail.com

Services: Educate the public as well as smokers and disparately-affected families about asthma as it ties in with secondhand smoke. Promote asthma awareness in Indiana across health professionals, public health educators, school nurses, as well as families who encounter the respiratory disease

Cameron Memorial Community Hospital Respiratory Therapy

416 E. Maumee Street

Angola, IN 46703

P: (260) 655-2141

F: (260) 665-2879

<http://www.cameronmch.com>

Services: Pulmonary function testing, Methacholine Challenge, Overnight Oximetry

Clark County Health Department

Environmental Health Program

Mold and Air Quality

1320 Duncan Avenue

Jeffersonville, IN

P: (812) 282-7521

F: (812) 288-2711

Services: Information concerning mold and moisture, printable list of indoor air quality testing in Southern Indiana.

**Family and Social Services Administration
Breathe Easier**

402 W. Washington St.
P.O. Box 7083
Indianapolis, IN 46207-7083
P: (800) 403-0864
<http://www.in.gov/fssa/2404.htm>
<http://www.in.gov/fssa/files/BreathingEasier.pdf>

Services: Provides information for making child care asthma friendly. Talking points for parents, reducing triggers, and other general information for care givers.

**Healthy Communities of Clinton County
Coalition**

Asthma Education Program

Purdue Extension Office
1111 S. Jackson St.
Frankfort, IN 46041
P: (765) 659-6380
<http://healthyclintoncounty.org/index.html>

Services: Educational program which uses Radical Randy® the teaching doll to enable children learn about the lungs by touch and feel.

Franciscan Alliance

▪ **Franciscan St. Anthony Health**

1201 South Main Street
Crown Point, IN 46307
P: (219) 757-6144
<http://www.franciscanalliance.org/hospitals/crownpoint/services/respiratory/Pages/default.aspx>

▪ **Franciscan St. Anthony Health**

Michigan City
301 West Homer Street
Michigan City, IN 46360
<http://www.franciscanalliance.org/hospitals/michigancity/services/respiratory/Pages/default.aspx>

Franciscan St. Margaret Health

5454 Hohman Ave.
Hammond, IN 46320
P: (219) 933-2014, (708) 895-1650
<http://www.franciscanalliance.org/hospitals/hammond/services/respiratory/Pages/default.aspx>
Services: Inpatient and outpatient respiratory care for children and adults including diagnostic, therapeutic and critical care treatment.

**Franciscan Medical Specialists - Munster
Medical Center - Allergy & Asthma**

761 45th Avenue
Munster, IN 46321
P: (219) 922-5416
F: (219) 922-3745
<http://www.franciscanalliance.org/fpn/location/franciscan-medical-specialists/munster-medical-center/allergy-and-asthma/Pages/default.aspx>

Services: Comprehensive evaluation, spirometry, and allergy skin testing.

Healthy Shelby County

150 W. Washington St.
P.O. Box 1189
Shelbyville, IN 46176
P: (317) 398-5240
Email: dholland@majorhospital.org
www.healthyshelbycounty.org

Services: Provides information concerning current community health data, health and wellness resources, directory listing for resources located in Shelby County, and healthy tools.

Hendricks County Coalition for Tobacco Intervention and Prevention Hendricks Regional Health

998 E. Main St. Suite 103

Danville, IN 46221

P: (317) 828-9248

F: (317) 745-9218

http://www.co.hendricks.in.us/health_tobaccointervention.html

Services: Information concerning tobacco intervention. Links to additional tobacco intervention and lung health resources.

Hoosier Uplands Economic Development Corporation

500 W. Main Street

Mitchell, IN 47446

P: (812) 849-4447 Toll Free (800) 333-2451

F: (812) 849-4467

www.hoosieruplands.org

Services: Non-Profit agency based in Southern Indiana. Serves as an Area Agency on Aging, Community Action Agency, licensed Home Health Care and Hospice agency, and Community Housing Development Organization. Provides community resource information for **Crawford, Lawrence, Martin, Orange, and Washington** counties.

Indiana Hospital Directory

[Hospital Directory](#)

Services: Searchable site by county with addresses and contact information for all hospitals in Indiana. When calling, ask for the respiratory care educator.

Indiana State Department of Health Asthma Program

2 N. Meridian St., 6B

Indianapolis, IN 46204

P: (317) 233-7299

<http://www.in.gov/isdh/24965.htm>

Services: Provides general information, state asthma publications, asthma data and statistics, educational materials, and services for controlling asthma in Indiana.

Indiana Department of Education

South Tower, Suite 600

115 W. Washington Street

Indianapolis, IN 46204

P: (317) 232-6610

F: (317) 232-8004

<http://www.in.gov/idem/>

Services: In partnership with the Indiana Department of Education, the Chronic Respiratory Disease Section conducts several asthma related trainings for school nurses each year. The trainings cover asthma basics, asthma medications, and how to handle an asthma emergency at school.

Indiana Department of Environmental Management

5-Star Environmental Recognition Program

Community Environmental Health

100 North Senate Avenue IGCN 1315

Indianapolis, IN 46204-2251

P: (317) 233-5555 Toll Free: (800) 451-6027

F: (317) 233-6647

<http://www.in.gov/idem/>

Services: The 5-Star Environmental Recognition Program for Child Care Facilities, a program created by the Indiana Department of Environmental Management (IDEM), ensures that child care providers have taken steps to reduce and eliminate hazards that can cause permanent, long term developmental problems in young children

Indiana University Health

Morgan Hospital

Respiratory Therapy/Sleep Center

2209 John R Wooden Dr.

Martinsville, IN 46151

P: (765) 342-8411

<http://iuhealth.org/morgan/respiratory-therapy-sleep-center/>

Services: Provides education to patients on disease management, medications, and recovery goal setting.

**Major Hospital
Cardiopulmonary Department
Outpatient services**

150 W. Washington St.
Shelbyville, IN 46176
P: (317) 421-1900
<http://www.majorhospital.com>

Services: Pulmonary Function, Test, Pulse Oximetry, Stress Testing, Methacholine Challenge Electrocardiograms, Holter Monitor Application & Scanning, Cardiac Event Monitors
Sputum Induction for Diagnostic Purposes, Echocardiograms, Pulmonary rehabilitation for inpatients, outpatients and their families,
Better Breathers Support Group (meets the 1st Wednesday of each month at 12:30 p.m.)

Parkview Integrated Community Nursing

2200 Randallia Dr
Fort Wayne, IN 46805
P: (260) 373-4000
Deb Lulling, RN, BSN
Asthma Educator/Community Nurse
Email: Deb.Lulling@parkview.com

Services: The Parkview Asthma Call Back Program provides a series of phone calls by an asthma health educator to check on an individual's health status. The program also provides home visits as needed to help reduce asthma triggers in the home, and assists individuals in receiving asthma medications at a reduced cost.

**Partnership for a Healthier Johnson County
Asthma Coalition**

1125 W. Jefferson St., Suite V
P.O. Box 549
Franklin, IN 46131
P: (317) 736-2657
F: (317) 346-3738
Email: partnership@johnsonmemorial.org
<http://www.healthierjc.org/asthmaeducation.htm>

Services: Provide presentations and educational sessions to local schools and adult groups. Also maintain asthma-related supplies and educational materials to distribute to community members and groups.

Purdue Extension

Purdue University
West Lafayette, IN 47907
P: (765) 494-4600
<http://www.purdue.edu/hhs/extension/default.aspx>

Services: Provides expertise and resources to address the needs of Children and families. Food and Health, Home and Money and Health and Human Services. Office locations available in each county.

Putnam County Hospital -Respiratory Care

1542 S Bloomington St.
Greencastle, IN 46135
P: (765) 653-5121 Toll free: (800) 394-9338
Services: Treatment of chronic, acute and emergency respiratory illness. Provides aerosolized medications, oxygen, percussion and postural drainage exercises. Arterial Blood Gas sampling, Electrocardiograms, Pulmonary Function Testing, and a sleep lab are also provided.

**Rush Memorial Hospital
Respiratory Services**

1451 N Garden St.
Rushville, IN 47170
P: (765) 932-7565
<http://www.rushmemorial.com>
Services: Provides aerosol therapy, home oxygen qualification, emergency procedures, patient education, smoking cessation, and Pulmonary Function Testing.

**St. Mary's Respiratory Care School
Outreach**

St. Mary's Health System
3700 Washington Avenue
Evansville, IN 47750
P: (812) 485-4000
<http://www.stmarys.org/respiratory-care-outreach>

Services: Provides a Registered Respiratory Therapist to the area parochial schools and the Evansville/Vanderburgh School Corporation for health fairs, Asthma Awareness classes.

St. Joseph Regional Medical Center

5215 Holy Cross Parkway

Mishawaka, IN 46545

P: (574) 2475400

F: (574) 247-5401

<http://www.sjmed.com/asthma-education>

Services: Educational classes for people with asthma for the proper use of asthma medications and devices including: inhalers, spacers, and peak flow meters. Child education featuring Radical Randy® teaching tool. Pulmonary Function Testing including FeNO testing. Personalized asthma action plans are completed at the end of the class.

St. Vincent Health

P: (317) 338-CARE

<http://www.stvincent.org/Default.aspx>

Asthma Programs

- **Anderson:** Regional - www.stvincent.org/Saint-Johns/Medical-Services/Respiratory-Care.aspx
- **Brazil:** Clay- <http://www.stvincent.org/St-Vincent-Clay/Medical-Services/Respiratory-Care.aspx>
- **Kokomo:** St. Joseph- <http://www.stvincent.org/St-Joseph/Medical-Services/Respiratory-Care.aspx>

Services: Provides full range of respiratory services. Includes pulmonary function studies, oximeter evaluations, pulmonary rehab, and home therapy education, and Bronchial Thermoplasty. Asthma Clinic provided for increased management skills for individuals with Asthma. Some services provided as outpatient service.

South Bend Clinic**Allergy and Immunology****Main Campus**

211 N. Eddy St.

South Bend, IN 46617

P: (574) 237-9217

Elkhart Campus

500 Arcade Ave

Suite 300

Elkhart, IN 46514

P: (574) 295-6776

<http://www.southbendclinic.com>

Services: Comprehensive care for respiratory and allergic diseases including allergic rhinitis, sinus disease, asthma, food allergies, headaches, insect stings and medications.

Stay Active in Life from Riley Hospital for Children

705 Riley Hospital Drive

Indianapolis, IN 46202

P: (317) 944-5000 Toll Free (800) 248-1199

<http://rileychildrenshospital.com/sail>

Services: Program for children addressing nutrition, physical activity, asthma education and being yourself.

Support Groups – Better Breathers from the ALA

<http://www.lungin.org>

(Click Programs, then Better Breathers Clubs)

Services: Support group for adults with asthma or other chronic respiratory illnesses.

Union Hospital-Pulmonary and Lung Health

1606 North 7th Street

Terre Haute, IN 47807

P: (812) 238-7822

F: (812) 238-4994

Monday-Friday 8 AM-4:30 PM

Email: acottrell@uhhg.org

jimmckanna@uhhg.org

<http://www.myunionhospital.org>

Services: Provides education of triggers, early warning signs, special situations, medications, devices, asthma action plans as well as asthma management, Better Breathers Club, and free educational workshops.

Environmental Components of Asthma

Clark County Health Department Environmental Health Program Mold and Air Quality

1320 Duncan Avenue
Jeffersonville, IN

P: (812) 282-7521

F: (812) 288-2711

Air Quality Testing Companies

http://www.clarkhealth.net/pdf/indoor_air_testing.pdf

Services: Provides a list of companies that conduct air quality testing in Southern Indiana

Environmental Protection Agency (EPA)

U.S. EPA/Office of Radiation and Indoor Air
Indoor Environments Division
1200 Pennsylvania Avenue, NW

Washington, DC 20460

P: (202) 272-0167

TTY (speech-and hearing impaired) (202)
272-0165

<http://www.epa.gov/asthma/index.html>
www.noattacks.org

Environmental Protection Agency Region 5 (IL, IN, MI, MN, OH, WI)

77 West Jackson Boulevard

Chicago, IL 60604-3507

P: (312) 353-2000

F: (312) 353-4135

Toll free within Region 5: (800) 621-8431

<http://www2.epa.gov/aboutepa/epa-region-5-great-lakes>

Services: Provides general information on asthma and indoor asthma triggers, as well as descriptions of EPA's community outreach programs. EPA has several resources and tools that can be downloaded including *Tools for Schools*, *Air Quality Index* and *Smoke-free Home Pledge Campaign*. Learn more about reducing indoor asthma triggers by visiting the No Attacks Web site.

Improving Kids Environment (IKE)

1915 W. 18th Street

Indianapolis, Indiana 46202

P: (317) 253-1312

<http://www.ikecoalition.org/>

Services: Work to improve children's health by reducing environmental threats. Support efforts to improve air quality, such as the *Smart Schools Don't Idle Program*, hold annual conference on healthy homes and have evaluated asthma awareness among Indiana builders and remodelers to facilitate asthma-friendly practices.

Indiana Department of Environmental Management (IDEM)

Indiana Government Center North

100 N. Senate Avenue

Indianapolis, IN 46204

P: (317) 232-8603 Toll Free (800) 451-6027

F: (317) 233-7745

<http://www.in.gov/idem/>

Office of Air Quality (OAQ) (Compliance)

<http://www.in.gov/isdh/24347.htm>

Services: The Office of Air Quality (OAQ) protects the public health and the environment through the fulfillment of its responsibilities as set forth in the Environmental Acts

Smog Watch

(<http://www.in.gov/apps/idem/smog>)

Services: provides an easy-to-read forecast of air quality in different regions of Indiana.

Integrated Pest Management (IPM)

Purdue University, Department of Entomology

901 West State Street, Smith Hall

West Lafayette, IN 47907-1158

Email: luck@purdue.edu

<http://www.entm.purdue.edu/entomology/outreach/schoolipm>

Services: Provides regulations and policies for schools and child care facilities, training opportunities, and additional resources.

Knozone

<http://www.knozone.com>

Services: Air quality forecasts for Indianapolis area and information about the health effects of ozone and fine particles for persons with asthma.

**Vanderburgh County Health Department
Evansville Environmental Protection
Agency (EPPA)**

C.K. Newsome Community Center
100 E. Walnut Street, Suite 100
Evansville, IN 47713

P: (812) 435-6145

F: (812) 435-6155

Email: eeepa@evansvillegov.org

Hours: Monday-Friday, 8A-5P

<http://www.evansville.in.gov/index.aspx?page=52>

Services: Evansville Municipal Code, Air Permits, Open Burning Regulations, Air Quality Forecasts, Ozone Alerts, Particulate Alerts, Air Quality Alert Archives.

Asthma Activities for Children

AIRNOW from the EPA /KID'S AIR

U.S. EPA Office of Air Quality Planning and Standards (OAQPS)

Information Transfer Group

Mail Code E143-03

Research Triangle Park, NC 27711

F: (919) 541-0242

http://www.airnow.gov/index.cfm?action=aqikids_home.index

Services: Online games about outdoor air quality for kids ages 5-6 and 7-10.

Camp Eeze-the-Wheeze

Indiana University

2300 S. Washington St.

Kokomo, IN 46902

P: (765) 455-9308

www.asthmacamps.org

Camp description: Day camp for 6-13 year olds. Additional camp information dates, and fees can be found by using the contact information above.

Camp Not A Gonna Wheeze

St. Mary's

1901 Lynch Road

Evansville, IN 47711

P: (812) 435-8279

<http://www.asthmacamps.org>

Camp description: Day camp for elementary students. Camp information and dates can be found using the contact information above.

Children's Special Health Care Services (CSHCS)

2 North Meridian Street, 7B

Indianapolis IN 46204

P: (317) -233-1351 or (800)-475-1355

Email: cschscarecoordination@isdh.in.gov

<http://www.in.gov/isdh/19613.htm>

Services: Supplemental insurance program that helps eligible families of children with serious, chronic medical conditions pay for treatment related to their child's condition.

Consortium of Children's Asthma Camps

490 Concordia Ave

St. Paul, MN 55103

P: (651) 227-8014

www.asthmacamps.org

Email: Jill.Heins@lungmn.org

Services: Provides a list of asthma camps by state, including dates and contact information. Also provides asthma camp toolkit, health history forms, parent curriculum, and other resources.

Dusty's Asthma Fun book from the EPA

U.S. EPA/Office of Radiation and Indoor Air
Indoor Environments Division

1200 Pennsylvania Avenue, NW

Mail Code 6609J

Washington, DC 20460

P: (202) 343-9370

<http://www.epa.gov/asthma/publications.html#Dusty>

Services: Printable pdfs featuring mazes, word searches, coloring activities, etc. to learn about asthma triggers. Available in English and **Español**.

Happy Hollow Asthma Camp

615 N. Alabama Street, Suite 228

Indianapolis, IN 46204

P: (317) 638-3849

www.asthmacamps.org.

<http://www.happyhollowcamp.net/>

Camp description: Overnight camp for 7 – 14 year olds. Additional camp information dates and fees can be found using the contact information above.

Just for Kids from the AAAAI

555 East Wells Street

Suite 1100

Milwaukee, WI 53202-3823

P: (414) 272-6071

F: (414) 272-6070

<http://www.aaaai.org/patients/just4kids/default.stm>

Services: Word searches, mazes, ideas for school project, game, coloring book, children's story books (English/Español)

Kid's Health

Contact only available through Web site.

<http://kidshealth.org/>

Services: Resources for parents, kids, and teens including movies, personal stories and informative articles on asthma.

Nick Jr.com

<http://www.nickjr.com/kids-health/asthma/>

Services: This website features asthma related crafts, games, activities and information for parents of preschool age children.

**Starlight Starbright Children's Foundation
and *Quest for the Code* Asthma Game**

2049 Century Park East

Suite 4320

Los Angeles, CA 90067

P: (310) 479-1212

<http://asthma.starlight.org/>

Services: Quest for the Code is an online asthma game for 7-15 year olds voiced by celebrities such as Cuba Gooding, Jr. and Shaquille O'Neal. The Starlight Web site also hosts an online network for young people with chronic conditions and their siblings to connect with others.

Health Insurance Plans

Children's Special Health Care Services (CSHCS)

2 North Meridian Street
Indianapolis IN 46204
P: (317) 233-1351 Toll Free (800) 475-1355
Email: cschcsarecoordination@isdh.in.gov.
<http://www.in.gov/isdh/19613.htm>

Services: Supplemental insurance program that helps eligible families of children with serious, chronic medical conditions pay for treatment related to their child's condition.

Hoosier Healthwise Active Health Plans: Hoosier Healthwise

<http://member.indianamedicaid.com/programs--benefits/medicaid-programs/hoosier-healthwise.aspx>

Anthem Blue Cross Blue Shield

120 Monument Circle
Indianapolis, IN 46204
P: (866) 408-6131 (Customer Care Center)
Customer Care Center Hours: Monday – Friday, 7AM – 7PM, Eastern
www.anthem.com/wps/portal/ahpmember?content_path=member/in/f3/s0/t0/pw_ad084720.htm&label=State%20Sponsored%20Plans&state=in&rootLevel=0 or www.anthem.com

MDWise

P.O. Box 441423 Indianapolis, IN 46244-1423
P: (317) 630-2831 or (800) 356-1204
Customer Service Line Hours: 24 hours a day, 7 days a week
<http://www.mdwise.org/>
[Español](#)

Services: Provides health coverage and information for vulnerable populations in Indiana.

Healthy Indiana Plan (H.I.P.) Indiana family and Social Services Administration

402 W. Washington Street P.O. Box 7083
Indianapolis, IN 46207-7083
P: (877) GET-HIP-9 (877) 438-4479
Hours: Monday-Friday, 8AM-& PM Eastern
Saturday, 8 AM-1 PM Eastern
www.hip.in.gov

Services: State- sponsored health plan for uninsured low-income Hoosiers between the ages of 19 and 64 years of age.

Indiana Medicaid/Hoosier Healthwise Indiana Family & Social Services Administration

P: (800) 457-8283
<http://www.in.gov/fssa/index.htm>
Services: Health insurance program for Indiana children, pregnant women and low-income families.

State Health Insurance Assistance Program (SHIP)

<http://www.in.gov/idoi/2495.htm>
Services: free and unbiased insurance counseling program.

Prescription Assistance Programs

Hoosier Rx

<http://www.in.gov/fssa/ompp/2669.htm>

Services: Help paying the monthly Part D premium, up to \$70 per month, for members enrolled in a Medicare Part D Plan working with HoosierRx

NeedyMeds

www.needymeds.org/

Services: Assistance with prescription costs. Newsletters, discount drug cards, webinars, and links to government programs

Partnership for Prescription Assistance

http://www.pparx.org/en/about_us

Services: Assists qualifying patients without prescription drug coverage get the medicines they need for free or nearly free.

RxAssist

<http://rxassist.org/>

Services: Offers comprehensive database of patient assistance programs, practical tools, and articles of current information.

Rx for Indiana

<http://rxforindiana.org/resources/>

Services: Help for low-income, uninsured Indiana residents get access to patient assistance programs where they qualify for free, or nearly free, prescription medicines.

Wisconsin Asthma Coalition-Children's Health Alliance of Wisconsin

Prescription Assistance Program

<http://www.chawisconsin.org/documents/A2ScriptAssistChart.pdf>

Services: List of prescription programs created to assist patients nationwide in receiving asthma medications. Assistance programs provided by the drug manufacturer.

Recent Indiana Asthma Publications

Fact Sheets

[Healthy People 2020 Indiana Brief: Asthma Update](#)

A brief update on Healthy People 2020 asthma objectives in Indiana adults aged 65 and older.

[Asthma and Women Fact Sheet](#)

A fact sheet on how asthma affects women.

[Asthma and the Flu Fact Sheet](#)

Information on flu prevention for people with asthma.

[2012 Asthma Fact Sheet](#)

The latest information about asthma in Indiana.

[2011 CDC - Asthma in Indiana](#)

This CDC fact sheet shows Indiana asthma data.

[Work-Related Asthma](#)

Provides information on work-related or occupational asthma and ways to reduce asthma triggers in the workplace.

Data

[2011 Age-Adjusted Emergency Department and Hospitalization Rates by County](#)

Detailed rates for each county.

[2007-2011 Age-Specific Child Emergency Department and Hospitalization Rates](#)

Rates for Indiana children, by county.

Reports

[Indiana Plan to Improve Asthma Outcomes](#)

The current State Plan.

[2011 Burden Report](#)

Describes the burden of asthma in Indiana.

Data Request Form

To request data from the Chronic Respiratory Disease Section, please fill out [this form](#) and return to abrandt@isdh.in.gov



Indiana State Department of Health

**Chronic Respiratory Disease Section
Indiana State Department of Health
2 North Meridian St. 6B
Indianapolis, IN 46204
www.in.gov**

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